



Whanaketia – Through pain and trauma, from darkness to light



Easy Read summary – Part 2 Published: October 2024

Before you start









This Easy Read document is about a report written by the Royal Commission of Inquiry into Abuse in Care.

Some of the information and pictures used in this document are very upsetting.

This document is about people being badly hurt by people who were meant to look after them.

The people who were hurt include:

- children / young people
- disabled people
- people who experience mental distress.



Before you read this document you might want to make sure you:

- are in a safe place
- have people who can support you.



If you do not feel safe call the police on **111.**



If you are upset after reading this document you can talk to your:

- whānau / family
- friends.

NEED TO TALK?

free call or text any time



For people who experienced abuse in care

You can also talk to a counsellor at Need to Talk by:

- calling 1737
- texting 1737.

It does not cost any money to call / text 1737.

You can also find support through the **Survivor Experiences Service**.







You can contact the Survivor Experiences Service by:

Phone: 0800 456 090

Text: 8328

Email:

contact@survivorexperiences.govt.nz



It does not cost any money to call the Survivors Experiences Service.



You can find information from the Survivor Experience Service about support at:

survivorexperiences.govt.nz/ support-services/



You can find information from the Survivor Experiences Services for disabled survivors at:

survivorexperiences.govt.nz/forsurvivors/disabled-survivors/

What you will find in here

Page number:



About the Royal Commission of Inquiry into Abuse in Care......7

What is this document about?.....11

A safe and caring future.....14

Summary of recommendations29

Leaders must make things right......30

Page number:



Keeping everyone in care	
safe now	33



Supporting whānau and	
communities	3

About the Royal Commission of Inquiry into Abuse in Care





The Royal Commission of Inquiry into Abuse in Care looked into abuse that happened to people in care.

The Royal Commission of Inquiry into Abuse in Care is also called the **Commission**.



In this document being **in care** means that the Government or a **faith-based institution** took **responsibility** for your care.



Faith-based institutions are organisations that are connected to a religious group or belief.

For example a church is a faithbased organisation.



Having **responsibility** for your care means they are:

- in charge of your care
- can be blamed if:
 - o something is done wrong
 - they do not do something they should.





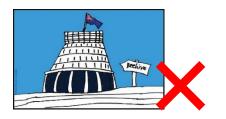






Abuse can be:

- physical a person kicking or hitting you
- sexual a person doing sexual things to you that you do not want them to such as:
 - touching your body or private parts
 - o kissing you
 - making you have sex with them – this is called rape
- emotional a person yelling or saying things to you that are not nice
- neglect a person not giving you the things or care you need.

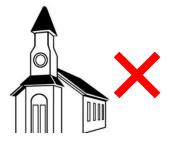


The Commission is **not** part of the Government.



The Government cannot tell the Commission:

- how to do its work
- what it should find out
- what it should say should happen next.



The Commission is not part of any faith-based organisations like churches.



The Commission calls people who have been through abuse in care **survivors.**

What is this document about?



This document is Part 2 of an Easy Read **summary** of a report called:

Whanaketia – Through pain and trauma, from darkness to light.

A **summary** is a shorter version of the report.

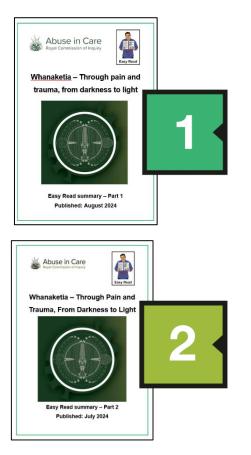


This is the final report by the Commission.



The Commission was set up to look into abuse in care.

Now it has done its work it has made this report.



We have split this Easy Read translation into 2 parts.

Part 1 is about what the Royal Commission found out.

You can find Part 1 at this website:

www.abuseincare.org.nz



Lots of survivors told the Commission about what happened to them when they were in care.

Information from this has been used to make this report.



This Easy Read translation is long.

We have chosen not to make it shorter because of how important all the information in it is.

You might want to read it a bit at a time.

A safe and caring future



Survivors shared their moemoeā / dreams for the future.

They talked about a future where everyone is:



- loved
- safe
- cared for.



People need to be cared for in a way that supports them to:

- do well in life
- contribute to society.





Contributing to society means doing your bit to make things good for everyone.

It might mean things like:

- supporting other people to:
 - o grow
 - o learn
- doing a job that:
 - o makes things
 - keeps things working well.



Survivors told the Commission that the care systems need to completely change.



This would mean the Government would need to give communities:

- funding / money
- control over what happens with care.



Survivors want every whānau / family supported so they can give loving care themselves.

They must get all the support they need so people needing care can stay with their whānau / family.



Sometimes care from outside the whānau will be needed.







This outside-whānau care must:

- only happen for a short time
- be given by the hapū or community
- still have the person needing care keeping in touch with their whānau / family
- only be used to give whānau time to get support before they come back together.



Decisions must still be made by:

- the person needing care
- their family / whānau.



When faith-based organisations do **pastoral care** they need to have:

- national standards
- a **complaint process** that is not hidden.



Pastoral care is care to do with your:

- feelings
- social needs.



It might include things like:

- visiting people
- counselling
- supporting them to understand their faith.



mplain

National standards are like rules or ways of doing things for the whole of Aotearoa New Zealand.

A complaint process is the rules people have agreed to follow when someone says something is wrong.

Local schools need to include all students.

All students must have their different needs met.

Everyone must get the support they need.

Whānau / hapū / iwi must have their right to tino rangatiratanga over their kāinga.









Having **tino rangatiratanga over their kāinga** means getting to make their own decisions about what happens in their homes.



They must have what they need to care for people in their whānau in a way that fits with:

- tikanga / Māori ways of doing things
- mātauranga.



Mātauranga is:

- Māori ways of knowing things
- information Māori have known for a very long time.



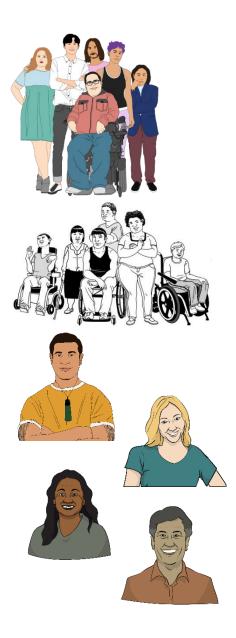
Human rights need to be:

- thought about
- respected
- part of the law.

Leaders who do pastoral care in faith-based organisations must:

- welcome diversity
- have the same diversity as their communities.





Diversity means the ways everyone is different like being:

- different genders
- disabled in different ways
- different ethnicities like:
 - o Māori
 - o Pākehā
 - Pacific Peoples
 - o Asian.

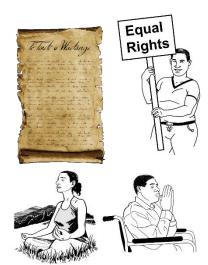


People in faith communities need to be able to:

- choose their partners / who they have relationships with
- get the health care they need
- not have to worry about being cut off from whānau / family if they choose to leave the faith.

People doing pastoral care must show respect for:

- te Tiriti o Waitangi
- human rights for everyone
- the right of everyone to believe different things.





Te Tiriti o Waitangi / The Treaty of Waitangi is an important agreement between Māori and the British Crown.



How care systems work in communities needs to be decided by:

communities



- hapū
- iwi.



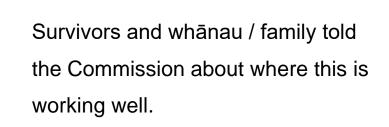
The Government should give communities what they need to do this well.





Survivors talked about local communities doing things like:

- work to stop people needing to be in care
- support services
- care outside whānau.



Survivors know that changing things will take time.

It will have to be done in different stages / parts.



Some communities will be ready now.

Other communities will need more support before they can start doing more:

- services
- support.



Most importantly survivors want the **state** / Government to make a big change in:

- its attitude
- how it does things.

The **state** means a similar thing to the government.







Attitude is:

- how you think about things
- the ideas you have that change how you do things.



At the moment the state:

- works in a low trust way
- focuses on:
 - risk aversion which means
 not doing things because
 something might go wrong
 - crisis response which is dealing with things only after something bad has happened.









Working in a low trust way means:

- not trusting whānau / families and communities
- always trying to catch people making mistakes
- not giving people what they need in case they:
 - \circ do not need it all
 - o make a mistake.



The state should be giving whānau / local communities what they need to look after their own people.

Summary of recommendations



The **vision** the Commission has for the future is called **He Māra Tipu** which means a growing garden.

The **vision** is what they want the future to be like.



State / faith leaders must make things right.

The care system must be made safe for everyone.



Aotearoa New Zealand must support whānau / families and communities to care for their loved ones.

Leaders must make things right



Survivors say that leaders need to:

- say sorry
- take accountability for the harm caused.



Accountability means agreeing their organisation did things wrong.







These leaders include leaders of:

- state / Government organisations including the Prime Minister
- professional bodies
- care providers
- faith / religious leaders.



Professional bodies are organisations of people who have jobs like:

- doctors
- nurses



lawyers.



The apologies need to be public which means everyone can read / listen to them.



Apologies do not mean anything unless change happens as well.

State / faith-based institutions must make the **puretumu torowhānui** scheme happen.



Puretumu torowhānui is a way of trying to make things right for people who were abused in care.

Puretumu torowhānui needs to happen now.



When survivors are taking people to court about abuse / neglect they should not have to wait a long time.



The courts must make sure their cases are dealt with soon.



NZ Police should set up a unit for dealing with those responsible for abuse / neglect in care.

Keeping everyone in care safe now



Aotearoa New Zealand must do everything it can to make sure our care system is safe for everyone.



This needs political leadership on:

- stopping abuse happening
- what happens when abuse does happen.



Complaints need to:

- be listened to
- have something done about them.









People who work in care need to be:

- screened which means checked before they start their job
- accredited which means making sure they can do their job well
- trained
- given good pay / working conditions.

Working conditions means being treated well in your job.

It might mean things like:

- having a safe place to work
- getting time off when you are sick
- having a boss who supports you to do well.



People who work in care should include:

- the same kinds of people who are in care
- people who have been in care.



The Government should do everything it can to move things:

 away from the state / faith-based organisations giving care

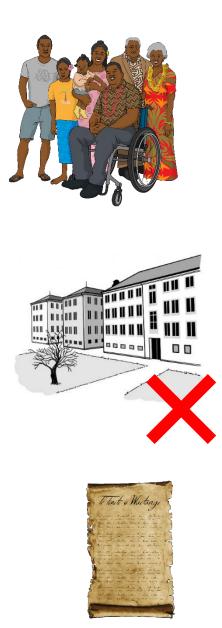


 communities providing care with close connections to whānau.



Supporting whānau and communities





All whānau must get what they need to care for their loved ones.

If people need care outside their whānau / family it needs to be as part of the community.

It should not be in an institution.

All organisations must work in a way that supports:

- te Tiriti o Waitangi
- the rights of Māori in care.



They must act in a way that fits what Aoteaoroa New Zealand has agreed to do about human rights.





This information has been written by The Royal Commission of Inquiry into Abuse in Care.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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